

ANNEXURE-X

Annex


Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 202 ---- 202----
Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty Nursing

Name of the College / Institute: - Harsh Institute of Nursing Sutala

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar / Workshop/ CME/ Activities/ Perform
1	21/02/2023: Yoga Day
2	7-13/03/2023: World Glaucoma Day
3	24/03/2023: World Tuberculosis Day
4	19/04/2023: World Liver Day
5	05/05/2023: World Asthma Day
6	Basic Research Methodology Workshop
7	Basic Research Methodology Workshop
8	SBI Life Insurance, Home Loan, Various Investment Scheme"
9	FDP on " OSCE"
10	12/02/2023: World Sexual and. Reproductive Health Awareness Day
11	23/02/2023: Tree Plantation Celebrations
12	08/03/2023: International Women's Day 2023
13	18/05/2023: Annual Awareness Program on "Code of Conduct"
14	25/05/2023: Poster making Competition on "Gender equality"


Dean/ Principal Stamp & Signature
Principal

Harsh Institute of Nursing
Sutala Bk. Khamgaon.
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Vithal Bahuddeshiay Sevabhavi Sansha HARSH INSTITUTE OF NURSING

SUTALA

Report on International Yoga Day

21st June 2023

International Yoga day was celebrated by the students and the teachers of Harsh Institute of Nursing Sutala on 21st June 2023 with great enthusiasm. Principal Anniey Sinthiya Christy and Assistant Prof. Arun Lokhande also participated in the celebration.

The function began with a brief introduction of Yoga Day by Assistant Prof. Arun Lokhande. A brief introduction of the guests, Smt. Anniey Sinthiya Christy, Certified Yoga trainer with Swasthya

Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. It helps the students understand how to maintain harmony between body and mind. Two lectures organized to explain the importance of Yoga.

Smt. Anniey Sinthiya Christy explained the importance of Yoga in the life of youngsters. She explained that regular practice of Yoga will help the students achieve better mental and physical health. Smt. Anniey Sinthiya Christy started Yoga demonstrations with the Yoga prayer. After which a few warm up and simple Asians were performed by the students and the teachers enthusiastically and the importance of these Asians was explained simultaneously by Smt. Anniey Sinthiya Christy.

Smt. Authimoolam spoke about 'The Positive Framework of Meditation'. She began by explaining how negative thoughts disturb a person. Negativity she said increases the hormonal imbalance in people and thus there is a confusion of thoughts leading to stress. She also spoke about her experience as a counselor where she has patients ranging from the age group 3 years to 90 years. She emphasized the fact that purity of thought increases positivity in a person. Purity of thought increases mentally and physically strong people, which further create a positive nation leading to positive world. She emphasized that it is the responsibility of the teachers to imbibe positive thoughts among students. She conducted a 3 minute meditation session with the students and teachers and professed the regular use of meditation in one's life.



Anniey Sinthiya Christy
Principal
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Sutala Bk. Khamgaon.

Principal
Harsh Institute of Nursing
Sutala Bk. Khamgaon, Dist. Buldhana

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REPORT ON WORLD GLAUCOMA DAY

World Glaucoma Day 2020 is observed on 9th March 2023 by Dept. Harsh Institute of Nursing Khangaon. Annie Sinthiya Christy Mam,, was the chief guest for the program and welcome address was given by Arun Lokhande, which may help in the early diagnosis of non-communicable diseases. Dr. Neetha, KIR, Asst. Professor Kasturba Hospital gave an overview of World Glaucoma Week. Glaucoma is asymptomatic, and it will cause irreversible damage to the eye and eventually cause blindness. Dr. Sulatha Bhandary, Prof. and HoD, Dept. of Ophthalmology proposed vote of thanks. Students of Manipal School of Nursing played street play on awareness of Glaucoma. Screening for Glaucoma was arranged in the entrance college

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CRITERIA FOR POSTER COMPETITION WORLD TUBERCULOSIS DAY-2023

1. It must be relevant to the theme.
2. Use brief and simple language, and avoid text altogether.
3. Written language must be in Hindi.
4. Poster must be neat and clear with creativity and originality and use pleasing colour combinations.
5. be prepared with various information regarding the topic in order to explain on the occasion
6. Message conveying should be informative and neutral to the political, communal, and religious aspects.
7. Judge's decision will be final

The workshop was organized by University of Health science of, Harsh Institute of Nursing on 22nd March 2023 under the guidance of Annie Sinthiya Christy Mam (Principal Harsh Institute of Nursing) and Arun Lokhande (Lecturer College of Nursing), and organizing chairperson- Authimoolam Mam (Assoc. Professor , MSN), Organizing Coordinator- Stutee Mam (Nursing),

"Infection control practices." The third session was delivered by Annie Sinthiya Christy Mam on the topic of "Diagnosis and Programmatic Management of TB" and highlighted the TB control programs and the importance of notification in TB Control. Followed by vote of thanks given by Ms. Tsering, BSc nursing 1 yr student. The session was moderated by Ms. Kashia BS.c 1st year student. A total of 40 participants attended workshop

The prize distribution of poster competition was held on 22nd March 2023, Annie Sinthiya Christy Mam distributed the prizes to the winners. 1st prize held by Miss Nikia Mule (B.Sc. Nursing 1st yr.) second prize Vikas jadhao Name of students Impact on first glance


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WORLD ASTHMA DAY

HARSH INSTITUTE OF NURSING SUTALA
Report on World Asthma Day

Date : 4/05/2023
Mode of activity : HARSH INSTITUTE OF NURSING SUTALA

Event : World Asthma Day
Theme : Closing Gaps in Asthma Care

Staff In charge : Mr. Arun Lokhande

The world asthma day was remembered on 3rd May every year and it was observed on 4th May 2022 on the Theme 'Closing Gaps in Asthma Care' which was aimed to enhance the awareness on asthma among children, adolescent and adult.

An awareness teaching program was conducted in the hospital campus to motivate the public on asthma care. Health education through PowerPoint presentation was given in three areas at different times that includes in front of General OPD, Pediatric OPD and ICU complex waiting area between 10.00 am and 12pm. Health talk was given by I Year B.Sc. Nursing students and was supervised by Vishal Ingle at Life Line Hospital

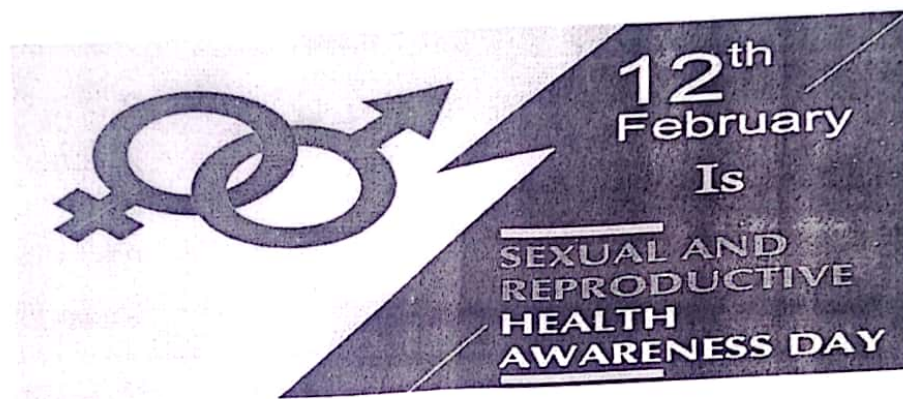
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HARSH INSTITUTE OF NURSING

REPORT ON:

"Annual Sexual & Reproductive Health Awareness Day"



DATE: 12 FEBRUARY 2023 / TIME: 9 AM ONWARDS

Organized by

OBG NURSING DEPARTMENT

Harsh Institute of Nursing Sutala


Principal
Harsh Institute of Nursing
Sutala, Dhule District

REPORT ON: ANNUAL SEXUAL & REPRODUCTIVE HEALTH AWARENESS DAY

Date / time: 12th FEBRUARY, 2023, 9:00AM ONWARDS.
Organizers: Faculties of OBG Nursing Dept.
Venue: Life Line Hospital
Beneficiaries: Patients & Relatives visiting OPDs of Life Line Hospital

Total 43 Participants benefited.

Nurses play a key role in the health care system by unconditionally working on the welfare safety and recovery of patients. They are the unsung heroes who bring a new life into the world, care unconditionally for the sick and injured and unfortunately sometime watch patients pass away whom they nursed lovingly.

Sexual and Reproductive Health Awareness Day is held annually on February 12. This day is an opportunity to raise awareness about sexual and reproductive health issues and to educate to reduce the spread of sexually transmitted infections. Sexually transmitted infections continue to be one of the major public health concerns. Health awareness events create publicity for health issues and aims to improve the condition and help save lives, sometimes these events encourage preventative action against conditions becoming more serious.

Sexual health is a broad area that encompasses many inter-related challenges and problems. Key issues and concerns are human rights related to sexual health, sexual pleasure, eroticism and sexual satisfaction, diseases (HIV/AIDS, STIs, and RTIs), violence, female genital mutilation, sexual dysfunction and mental health related to sexual health.


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Special thanks- Special thanks to Annie Sinthiya Christy. Principal, harsh Institute of Nursing Sutala

- ❖ Faculty of OBG Nursing Department,
- ❖ Faculty
- ❖ Students

Enclosures:

1. Permission letter
2. Invitation
3. Participants list
4. Photos of event


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The faculty and students of Obstetrics & Gynecological Nursing department, Harsh Institute of Nursing, organized Awareness Programme for celebrating Annual Sexual & Reproductive Health Awareness Day on 12th Feb 2021 from 9Am to 5 PM in OPD premises of Life Line Hospital. As a part of this awareness programme our Faculties, UG students set one clinic where participants can come for open discussion. Furthermore individualized health assessment, Health related Education, guidance & counseling were given to clients.

Sexual & Reproductive Health Awareness Day aims to: –

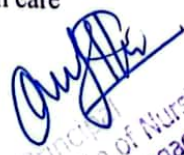
(Objectives for Participants)

- Create and increase the awareness of Health issues related to reproduction and Healthy Sex.
- Reduce the diseases transmitted through unhygienic sexual activities. Prevent and control Sexually Transmitted Diseases (STDs).
- Provide sex education to teenagers and adolescents.
- Inform Clients to know the right practices of sex and contraceptive choices.
- Inform clients not to feel shy to talk about healthy sex due to traditional norms.
- Making them aware about how to reduce spread of STI's
- Education on Teenage pregnancy, unsafe abortion, infertility, puberty, menopause & removing associated Misconceptions.

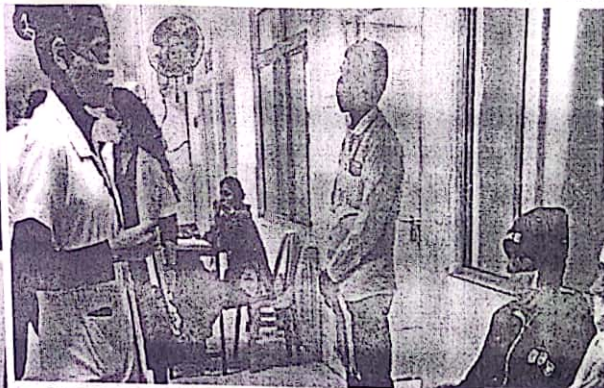
Objectives for students:

After the Health awareness Programme students will be able to learn

- How one can run independent midwifery led clinic
- Develop the skills in making AV Aids
- Gain comprehensive knowledge regarding sexual & reproductive health
- Educate others regarding Comprehensive sexuality education, Access to affordable contraception & Safe abortion care


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PHOTOGALLERY



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WORLD LIVER DAY

In commemoration of World Liver Day-2023, Harsh Institute of Nursing, Department of Medical Surgical Nursing organized an English e-Essay writing competition on 16.04.2023 on the theme of the year Keep your Liver healthy & Disease free.

Rules/ Regulation for e-Essay competition are as Follows:-

- Written/ typed content in English
 - It should be in 3-5 pages.
 - It should cover the theme of the year 2022.
 - Web content should be avoided.
 - On day admission is advised
 - Participants has to mail the e-essay to harshbscnursing@gmail.com
- 15 enthusiastic participants from B.Sc (N) I year students actively participated in Essay writing competition.

B.Sc Nursing II year won the 1st Place.

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SBI Life Insurance, Home Loan, Various Investment Scheme

HARSH INSTITUTE OF NURSING SUTALA

Report SBI Life Insurance, Home Loan, Various Investment Scheme

Date : 5/05/2023
Mode of activity : HARSH INSTITUTE OF NURSING SUTALA

Event

: Report SBI Life Insurance, Home Loan, Various Investment Scheme

Mr. P Raut sir Chief Guest of Program
Mr. Raut sir Given Details about SBI Life Insurance

Presenting SBI Life - RiNn Raksha (UIN: 111N078V03), a plan that helps you ensure that your family has the best of everything. With this solution, your family won't have to bear the loan liabilities in case of an unfortunate event as it repays the outstanding loan, thereby keeping their future and dreams protected.

Features:

A comprehensive Group Credit Life Plan that covers Housing, Vehicle, Education, Personal & Other Loans

Lives up to 2 co-borrowers in addition to the primary borrower can also be covered.

Flexibility to choose loan cover term as per need**

*The coverage under the product for new and existing borrowers shall be as per the board approved underwriting policy.

**subject to minimum of 2/3rd of the loan term, if the loan term is 15 years or more.

Features

Life insurance coverage

Assistance to repay a variety of loans

Coverage for co-borrowers

Choice of Gold or Platinum plan options

Choice of cover term, premium paying term and frequency

Advantages

Security

Enables your family to continue enjoying the assets that you so lovingly acquired

Reliability

Repays your outstanding loan amount as per the sum assured schedule

Wide variety of loans covered, namely housing loans, car loans, agricultural loans, educational loans, and personal loans

Flexibility

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Provides additional coverage to two co-borrowers in addition to primary borrower
Choose between single or level premium for 5 or 10 years as per your requirements
Option of monthly, quarterly, half yearly or yearly premiums as per your financial capabilities

Avail tax benefits*

The product features available under this plan shall be chosen by your Master Policyholder in capacity as the group administrator. Only features chosen by the Master Policy Holder shall be made available to you. You can choose from the options/features made available by the master policyholder.

Death Benefit:

The death cover would be the outstanding loan balance at the time of death as per the sum assured schedule in your certificate of insurance.

Tax Benefits*:

Income Tax benefits/exemptions are as per the applicable income tax laws in India, which are subject to change from time to time. Please consult your tax advisor for details.
For more details on risk factors, terms and conditions please read the sales brochure carefully before concluding a sale


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“ANNUAL AWARENESS PROGRAMME REGARDING CODE OF CONDUCT”

Each of the various constituent colleges under the umbrella of CARE include a minimum of two sessions during the orientation program for first year students, geared to make them aware of the existence of the CODE OF CONDUCT in CARE University. The first session covers the general rules governing student attitude and behavior while in CARE campus both as a day scholar and as a resident of the hostels. This session is facilitated by the faculty in charge of hostels as well as by senior faculty of major departments both in the college block and the hospital block. The second session is held under the aegis of the faculties who shall be handling the subjects of the first year in that particular course. This session is geared towards making the students aware of the rules and standards of behavior expected by each department while the student is present in the lecture hall / laboratory / ward / operation theatre / OPD as well as the regulations to be followed during assessments – both formative and summative. This awareness regarding the code of conduct is refreshed and reinforced as and when the students move along to the successive years, as part of the curriculum covered in the first week of each new semester / year / phase. All the newly appointed employees of CARE – both administration staff and faculty – are provided with an employees' handbook and are guided through their various roles and responsibilities as expected by the organization, during their first day of employment. This is refreshed and reinforced through information circulars that are periodically emailed to all employees in an as-and-when-required

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As the student teacher, you are expected to be ready to the role of a teacher at the school. As
you are the immediate personnel who direct the attention of the children to work on the basis of the
the product of and to be in the


Principal
Mahab Prasthaka of Teaching
Karnataka University

HARSH INSTITUTE OF NURSING SUTALA

Chief Guest Annie Sinthiya Christy Principal

Poster Competition on Gender Equality

Program on Gender Equality Report

To make perfect social life balance, equal rights should exist between men and women. The overall objective of **gender equality** is a society in which women and men enjoy the same opportunities, rights and obligations in all spheres of life. In order to promote gender equality, guaranteed by Article 14 of the Indian Constitution, we need to change the mode of interaction at all levels-home, school, college, community, workplace and so on. To increase the outreach for creating an environment that fosters equality, the Government of India envisages engagement of Gender Champions in all educational institutions across the country.

Under this instruction our college Harsh Institute of Nursing organized Poster competition on Gender Equality. Students from all FY B.Sc. Nursing were participated in it. This event explored the views of students regarding the theme. First and second prize were given to two groups. There are two faculties, Mr. Arun Lokhande and Mrs. Shurti Ingle mam

One guest lecture was arranged for the students. Chief guest was Mrs. Annie Sinthiya Christy, Principal of Harsh Institute of Nursing Khamgaon.

As per the instructions from university, two students namely Varsha Darekar and Shraddha Patil were selected as Gender Champion. Certificates were given to participants and winners from Principal, Dr. Anapt Sandip (HOD (BBA(CA)), Dr. Joe Lopez(HOD(BBA)) and all the faculty members who participated in the program.

Program Anchoring were done by Mr. Vishal Ingle. For making the programme successful, Mr. Anand Pawar, Authimoolam, Asst.Arun Lokhande Dighe, Asst.Prof Snehal Borkar,



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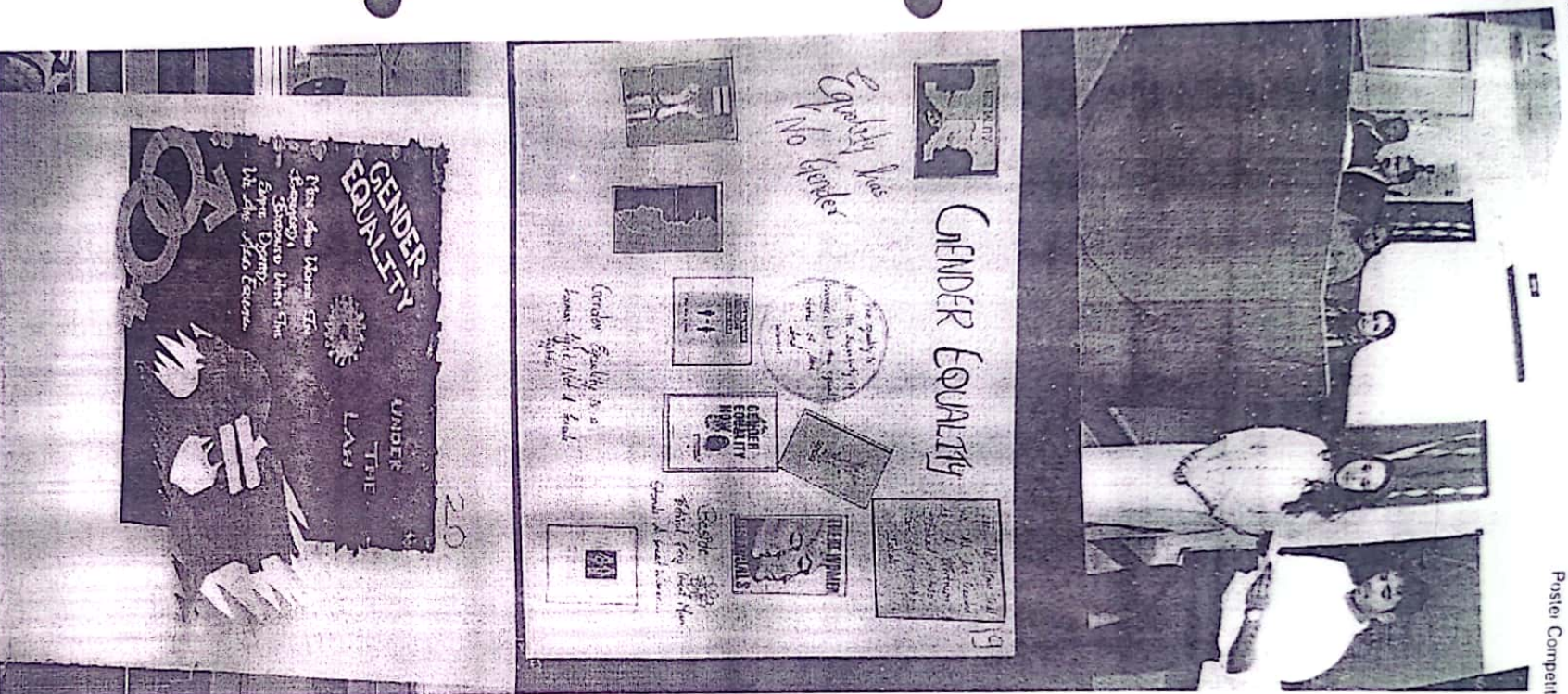


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GRIEVANCE

Poster Competition on Gender Equality



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